

# NZY Tissue gDNA Isolation Kit

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## Support Protocol for the isolation of genomic DNA from Dried Blood Spots (e.g. FTA® cards)

### 1. Sample preparation

Cut out one or two dried blood spots. Cut spots into small pieces (area of the dried blood spots should be between 15 and 30 mm<sup>2</sup>) and place them in a 1.5 mL microcentrifuge tube.

### 2. Sample Pre-lysis

Add 180 µL Buffer NT1 to the sample. Mix thoroughly by vortex.

Incubate at 94°C for 10 min, in a water bath or heating block. Let the sample cool down.

Add 25 µL Proteinase K solution. Spin the samples briefly, vortex and incubate at 56°C for 1 h. Vortex occasionally during incubation.

**Note:** *The samples should be completely covered with lysis buffer during incubation.*

### 3. Sample Lysis

Add 200 µL Buffer NL to the sample and mix by vortex. Incubate at 56°C for 10 min.

**Note:** *Mix Buffer NL thoroughly by shaking before use.*

**Proceed with step 5 of the standard protocol.**